Terms of Postdoctoral Traineeship for the
NIMH Training Program in Emotion Research
2025-2026

1. Trainees are required to pursue their research training full time, defined as a minimum of 40 hours per week.

2. Trainees must attend monthly "Emotion Group" meetings and lead 1 meeting discussion on a topic selected collaboratively with the Program Director, Dr. Richard Davidson.

3. Trainees must participate annually in Psych 711, the Wisconsin Symposium on Emotion seminar course. In addition, they must participate as a discussant in the annual Wisconsin Symposium on Emotion in April, attend preparatory meetings as needed prior to the Symposium, and present a poster at the event (can be from a recent scientific meeting that the Trainee attended).

4. The NIH policy on the Responsible Conduct in Research (RCR) requires Trainees to attend face-to-face training for at least 8 hours over the course of a semester. Instruction must be undertaken at least once during each career stage and at a frequency no less than once every 4 years. Additionally, this is required during the first year of each Trainee's appointment to this training grant.

5. Each Trainee must show continued research progress as evaluated by the Trainee's program mentor.

6. During even-numbered years (e.g., 2026) Trainees must attend the Fall "Seminar on Emotion" weekly meetings led by Dr. Seth Pollak.

7. "Elevator Pitch Session": In the Spring of each year toward the end of the semester, Trainees must give a 7-minute "elevator pitch" research presentation, that could be understood by a funder who is not a content expert.

8. Training committee with semesterly meetings for each postdoctoral Trainee:
- A training committee for each Trainee must be established. The training committee must consist of two program faculty and one or two faculty drawn from outside the program. The outside faculty must be selected from other faculty at the University whose research expertise is particularly relevant to the research of the Trainee. (Detailed guidance on committee composition will be provided.)
- The training committee must meet with the Trainee and decide what additional methods-oriented courses might be audited, given the research interests of the Trainee. This might consist of additional statistics courses, courses in biological or imaging methods, in genetics or behavior genetics, in longitudinal research designs etc.

- Each Trainee must meet with his/her training committee at least once/semester, with additional meetings scheduled at the request of the Trainee or of members of the committee. The regular meetings each semester will enable the committee to closely monitor the progress of each Trainee, and the mentor must submit a brief progress report annually in May. The due date for the 2025-2026 mentor's report is **Friday, May 29, 2026**.

9. Teaching experience for postdocs: While in the training program, all Trainees who do not yet have teaching experience must gain such experience in the emotion field, as arranged by the mentor. This will consist of co-teaching one of several undergraduate seminars or courses in emotion related research. There are many options for such courses at Wisconsin and the specific course will depend upon the interests of the Trainee.

10. Undergrad research supervision for postdocs: Trainees must have some experience in supervising undergraduates in research. During their tenure in the program, Trainees will be expected to mentor at least one undergraduate research project.

11. Trainees are encouraged to write their own postdoc training proposals during their initial year.

12. Trainees must attend at least one of the Psychology Department brown-bag series. The brown-bag series in each of the area groups in the Psychology Department devotes at least one session/year to the treatment of ethical issues, and each Trainee, both at the pre- and postdoctoral levels, attends at least one of the brownbag series

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